



HOW HEALTHY
CHOICES
GROW HEALTHY
CHILDREN

BOUNDARIES WITH KIDS

SMALL GROUP
DVD Bible Study

DR. HENRY CLOUD & DR. JOHN TOWNSEND



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Award-winning authors, counselors, and speakers Henry Cloud and John Townsend take the parents in your church through the ins and outs of instilling character in their children—the kind that will help them lead balanced, productive, and fulfilling adult lives. *Boundaries with Kids* helps parents to train their kids to take responsibility for their own actions, attitudes, and emotions. The eight sessions will help bring order to problematic family circumstances and guide even the most stable families into better ways of relating.

Ideal for small groups, this DVD helps parents raise their kids to responsibility for their own actions, attitudes, and emotions in a way that paves the road to balanced and healthy adult lives. Designed for use with the *Boundaries with Kids Participant's Guide*, the DVD includes eight interactive group sessions.

Ten Boundary Principles Kids Need to Know

1. What Will Happen If I Do This? The Law of Sowing and Reaping
2. Pulling My Own Wagon: The Law of Responsibility
3. I Can't Do It All, But I'm Not Helpless, Either: The Law of Power
4. I'm Not the Only One Who Matters: The Law of Respect
5. Life Beyond "Because I'm the Mommy": The Law of Motivation
6. Pain Can Be a Gift: The Law of Evaluation
7. Tantrums Needn't Be Forever: The Law of Proactivity
8. I Am Happier When I Am Thankful: The Law of Envy
9. Jump-starting My Engine: The Law of Activity
10. Honesty Is the Best Policy: The Law of Exposure

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